

Original Date Written	Latest Review	Date Ratified	Date for Review
May 2018		May 2018	May 2021

# Marlborough St Mary's CE Primary School



## Physical Education (PE) Policy

*Together we believe, learn and achieve*

# **Marlborough St Mary's Primary School**

## **Physical Education Policy**

### **Rationale**

At Marlborough St Mary's we believe that it is vitally important for all children to lead active and healthy lives. We want our pupils to have the opportunity to experience as many different sports as possible, in a caring and nurturing environment, to enable them to develop a lifelong enjoyment of sport.

The ethos of the school is to develop a passion and commitment to participating in sports. There is evidence that physical activity and participating in organised sports and after school clubs is linked to improved academic performance. To achieve this we will offer opportunities to take part in a range of after school activities, competitions and festivals. We recognise the findings in the Childhood Obesity Report and the role that the school plays in tackling this crisis.

We promote positive attitudes towards physical exercise in lessons, on the playground and in after school activities both in and out of school.

### **Aims and purposes**

It is important that our pupils:

- foster a positive attitude to physical exercise.
- understand the need to keep themselves fit and healthy through exercise.
- have the skills and control to participate in sport.
- have the strength, flexibility and stamina required to take part
- develop co-operation between pupils to achieve a shared goal.
- recognise their own achievements in P.E.
- have the confidence to get involved in sport.
- set their own personal challenges.
- show the desire to improve their own attainment regardless of their own current ability.
- are given the opportunity to develop leadership skills through sport.
- are given opportunities to engage in competitive sports and activities.

### **Broad outline of provision**

All pupils receive 2 hours of directly taught PE a week. 1 hour is taught by a PE specialist and 1 hour is taught by the class teacher. Pupils will have the opportunity to participate in a range of sports.

We provide swimming instruction in blocks of 8 weeks across 4 year groups.

In addition, we want the ethos of the school to be an active school and we therefore encourage participation in active games and sports at lunch times and playtimes.

We encourage the incorporation of physical activity across the curriculum.

## **Teaching and Learning**

KS1 provision is focused on the attainment of the fundamental skills of movement.

Pupils are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

KS2 provision develops the fundamental skills further and teaches pupils to apply them to specific sports. Pupils learn through challenging tasks, drills and small sided games.

Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## **Equality of opportunity**

Every pupil has equal access to PE lessons. Learning experiences are differentiated to meet the needs of all pupils and to allow pupils to feel a sense of achievement. Differentiation will:

- set suitable learning challenges
- respond to pupils' diverse learning needs
- strive to overcome potential barriers to learning

The school will take care to ensure potential barriers to any group, such as gender stereotypes are removed. All pupils in the school have equality of opportunity in terms of curriculum balance, curriculum time, use of resources and use of facilities.

## **Social, Moral, Spiritual and Cultural Development**

The teaching of PE offers opportunities to support the social development of our children. Challenges within lessons require collaboration and team work to succeed and give pupils a shared goal to work towards. Lessons will give the opportunity for different groupings to encourage children to develop the ability to work with everyone; developing a respect for other children's

levels of ability and to work in an inclusive way that enables them to be successful in their challenge. Children learn to respect and work with their peers, enabling them to develop a better understanding of themselves and each other.

## **Learning across the curriculum**

PE can help learning across the curriculum; active bodies keep active minds. We encourage teachers to link subjects to PE to help develop skills in a practical way such as:

- PSHE – how to keep ourselves healthy.
- English - pupils can improve their oral skills by explaining or discussing how they performed a given task or skill.
- Mathematics - they can practice their ability to measure accurately and carefully how far or fast they went.
- Geography – participating countries in international tournaments such as the Olympic Games, Commonwealth Games and World Cups.
- History – looking at sport through the ages and sharing ideas on how this has changed.

## **Assessment**

Teachers assess children's work in PE by making assessments as they observe them working during lessons. KS2 pupils are encouraged to use peer assessment and to evaluate their own work suggesting ways in which to improve. Teachers record the progress made by children against the learning objectives for their lessons and use this to inform planning.

Teachers record the pupils who are achieving above expectations or working towards expectations so that these can be passed on to the next teacher and the PE Subject Leader at the end of the year. All other pupils will be working at expected levels.

KS2 swimming is recorded on the SIMS assessment tracker. KS1 swimming assessment is made against a stage 1 -5 assessment sheet. This sheet should be passed to the PE Subject Leader and to the next teacher.

## **Health and Safety**

All health and safety guidance is taken from "Safe Practice in Physical Education and School Sport - 2016" including jewellery, clothing and changing procedures.

We follow the "Safe Practice in Physical Education and School Sport -2016" A copy of this is kept in the PE cupboard for staff to refer to. Key areas of safe practice will be highlighted during PE staff meetings and inset training.

In addition to all pupils being taught how to handle and carry apparatus, resources appropriately, they should also be taught to recognise hazards, assess the consequent risks and take steps to control the risks to themselves and others. The hall must be kept in a tidy state and free from hazards.

PE takes place in areas which are multi-use so staff should always conduct a visual risk assessment in the area they are going to teach PE to ensure that it is safe to do so.

## Resources

Resources are kept in the PE cupboard in the hall or in the outside PE cupboard. All equipment is to be returned to its correct place and the cupboard is to be kept tidy. Pupils are not to enter the PE cupboard unsupervised.

PE resources are regularly reviewed in order to ensure they are appropriate to the range of ages, abilities and needs of the children in order to enhance learning.

The pupils should be encouraged to:

- look after resources
- use different resources to promote learning
- return all resources tidily and to the correct place (over seen by staff)
- be told of any safety procedures relating to the carrying or handling of resources.
- staff should teach children how to carry, move and lift equipment safely.

Any damaged or broken equipment or loss of resources should be reported to the PE Subject Leader and Senior Management Team as soon as possible. Any damage observed, done to a piece of apparatus which could cause subsequent injury, must be isolated from use and reported. No other groups or individuals should be able to access the resource until such time as it is made safe.

## Primary PE and Sport Premium

All schools are allocated funding to make improvements to the quality of PE and sport they offer. Details of the allocation and use of the Marlborough St Mary's Primary PE and Sport Premium can be found on the school website at [www.marlboroughstmarys.wilts.sch.uk](http://www.marlboroughstmarys.wilts.sch.uk)

## Extra-Curricular School Activities

We are committed to providing an opportunity for pupils to participate in after school sports clubs through the year for both KS1 and KS2. These cover a range of sports including hockey, gymnastics, dance, cricket, golf and tennis. These activities are led by our PE Specialist TA, PE Subject Leader and other members of staff with an interest in sport. All activities on offer, encourage children to increase their activity time and their skill level. We endeavour to make this available to as many pupils as possible; however where demand exceeds the numbers that enable us to provide progressive and safe provision, the final decision rests with the PE Subject Leader.

The school aims to take part in competitive festivals and matches against other schools. This introduces a competitive element to team games, and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and cooperation amongst our children.

## Monitoring and review

The PE Subject Leader provides support and advice to other members of staff, monitors the quality of teaching and is responsible for evaluating and reviewing the programme and provision for PE across the school. The PE subject leader will keep their colleagues informed of current developments and provide a strategic lead and direction through staff meetings and inset training.