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# Marlborough St Mary's CE Primary School



MARLBOROUGH  
ST MARY'S  
PRIMARY SCHOOL

## Sex and Relationships Education Policy

*Together we believe, learn and achieve*

# **Marlborough St Mary's CE Primary School**

## **Sex and Relationships Education (SRE) Policy**

Sex and relationships education at Marlborough St Mary's CE Primary School promotes self-esteem and emotional health and wellbeing and helps children to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others.

### **Introduction**

The sex and relationship education guidance for schools was published in 2000 and emphasises the need for effective sex and relationship education which is firmly rooted within the PSHE framework and is supported by the National Healthy Schools standards.

Marlborough St Mary's CE Primary School acknowledges the advice set out in the guidance and sees sex and relationships education as lifelong learning about sex, sexuality, emotions, relationships and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

This policy has been developed in consultation with the school's governing body, which includes parent/carer representatives and school staff. The school aims to work in partnership with parents and carers and this policy will be made available on the school website.

### **Rationale**

The Sex and Relationship guidance 2000 is supported by the 2014 supplementary guidance which acknowledges that in the best sex and relationships teaching:

- Young people learn about how to protect themselves from inappropriate online content, cyber-bullying and exploitation. Refer to our E-safety policy for further information and guidance.
- Ensures that sex and relationship education is taught in the context of current relevant legislation including the Equalities Act 2010.

Marlborough St Mary's CE Primary School is aware that there are plans for a statutory framework for Relationships Education in Primary Schools. This is due to become mandatory in the autumn of 2019. The school will adopt the framework and update this policy in line with it as soon as it becomes available.

### **Aims and Objectives for Sex and Relationships Education**

The aim of sex and relationships education is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their relationships. Our objectives through the sex and relationship education programme are to:

- Develop confidence in talking, listening and thinking about feelings and relationships.

- Develop their self-esteem and sense of responsibility.
- Enable the children to value themselves and others.
- Enable children to name parts of the body, with appropriate vocabulary, and describe how their bodies work.
- Give children the skills to protect themselves, both in person and when online, and feel empowered to say 'no' along with asking for support and help.
- Prepare pupils for puberty and adulthood.

### **Moral and Values Framework**

Sex and relationships education will reflect the values of the school and the PSHE programme and will be taught in the context of relationships. It will promote the spiritual, moral and cultural, emotional and physical development of pupils at the school and will prepare them for the opportunities, responsibilities and experiences of life.

As part of our ethos of being a "listening" school, children will be given opportunities to express ideas, voice their opinions and to ask questions. Questions will be answered honestly in a way that respects diversity of cultures and families and takes account of the level of maturity of the children involved.

### **Organisation of Sex and Relationships Education**

At Marlborough St Mary's we believe that the class teacher is the best person to implement most of the sex and relationships programme. They will ensure they use a range of teaching methods including establishing ground rules, using distancing techniques, being able to deal with spontaneous issues, using appropriate materials and encouraging reflection. Teachers will seek help and advice from the PSHE coordinator if they are unsure on any aspects of the curriculum.

Pupils with special educational needs and learning difficulties are included and where appropriate the contents of the scheme of work will be modified to meet individual needs.

There may be times when visitors, such as the school nurse, are approached to support the sex and relationships programme. When this occurs, the class teachers will liaise with the visitor on the content of the lesson.

Before sex and relationships education takes place, a letter will be sent out to inform parents and carers of the topics to be taught and offering them the chance to find out more about the content. Resources, such as DVDs and worksheets, can be made available to parents to view prior to the lessons being taught.

The PSHE coordinator is responsible for ensuring that the school has an effective scheme of work and that staff feel confident and secure in their teaching of sex and relationships education.

### **Content**

The Scheme of work used from Year 1 to Year 5 is the Wiltshire County Council PSHE scheme - Learn 4 Life. The lessons form part of the 'My Friends and Family' topic and usually take place in Term 4. Year 6 follow The Christopher Winter Project for their sex and

relationships education as this provides a more extended series of lessons focusing on puberty and reproduction. These lessons may take place at a slightly different time of year and the class teachers will decide when is the most appropriate time.

#### Year 1 objectives

- I know who my friends and family are
- I can make people I care about happy
- I have thought about people who are important to me and how I feel about them

#### Year 2 objectives

- I know the stages of a life cycle
- I can identify some of the people who care for me
- I have thought about ways of keeping my teeth healthy

#### Year 3 objectives

- I know that families can be different from one another
- I can say no to peer pressure
- I have thought about the importance of caring for myself and keeping myself clean

#### Year 4 objectives

- I know the name for male and female body parts
- I can take responsibility for what I choose to do
- I have thought about how and why my body will change

#### Year 5 objectives

- I know some things to do when I feel embarrassed
- I can describe some of the physical changes of puberty
- I have thought about how my body will change during puberty, how I may feel and what to do about these feelings
- I am beginning to understand basic facts about conception, pregnancy and child birth and the decisions that have to be made before having a baby.

#### Year 6 objectives

- I can describe how and why my body changes during puberty in preparation for reproduction
- I can talk about puberty and reproduction with confidence
- I can discuss different types of adult relationships with confidence
- I can explain how babies are made
- I can describe the decisions that have to be made before having a baby
- I know basic facts about pregnancy and conception

### **Monitoring and Evaluation**

Monitoring is the responsibility of the head teacher, PSHE governor and PSHE coordinator. The effectiveness of the sex and relationships education programme will be evaluated by assessing children's learning and implementing change if required.

The class teacher is responsible for the day to day monitoring and evaluation of the learning in their own classroom. The PSHE coordinator will monitor medium term planning to ensure correct content coverage and will stay aware of developments in the subject and amend the curriculum when necessary.

### **Right of Withdrawal**

Parents have the right to withdraw their children from those aspects of sex and relationships education not included in the National Curriculum. However, this rarely happens and by working in partnership most parents recognise the importance of this aspect of their child's education.

### **Confidentiality**

Teachers may be party to sensitive information about pupils, some of this perhaps relating to illegal activity. All staff need to be clear about the rules of confidentiality and reporting. They should always ensure they follow the schools Child Protection and Safeguarding Procedures when necessary (See Marlborough St Mary's CE Primary School Child Protection Policy).

### **Using outside visitors**

The school uses outside visitors to support the sex and relationship education programme. These visitors may include health professionals, theatre groups, etc. Visitors are made aware of:

- Their purpose and role within the school programme
- The boundaries of their input
- The schools Sex and Relationship Education Policy and the planned sex and relationships education programme
- The need to plan and agree work with the teacher so as to work towards the agreed learning outcomes
- Explicit lines of accountability between the visitor and the school

### **Policy Links**

Other policies that link to this policy and may need to be referenced for further detail are:

PSHE policy

Anti-Bullying Policy

Child Protection and Safeguarding Policy

Health and Safety Policy

E-Safety Policy